

REDISCOVERING OUR FAITH

FAITH IS
ENOUGH



EXPLORING THE ROOTS OF OUR FAITH

REDISCOVERING OUR FAITH: Why faith is enough.



Faith is complete trust in something. In biblical terms it is the conviction that God exists, a reliance on His loving character, and an unwavering trust that he is FOR us. We see examples of his reliability throughout the Bible. Everyone has a measure of faith, and we all use it in some form or fashion in our everyday lives.

Faith is unshakable when it is based on the promises and character of God. It is a *present* trust because God showed himself to be reliable in the *past* and throughout the Bible. Faith is important because it is how we have a relationship with God. Hebrews 11:6 says that without faith it's impossible to please God.

By putting our faith in him, we receive forgiveness for our sins and the gift of eternal life. Faith is completely relying on who Jesus is and what he has done for us to be made right with God. Faith is the means by which we receive the benefits of what Jesus has done for us. Ephesians 2:8 says for by grace you have been saved through faith.

Join us over the next 4 weeks as we renew our trust in God, having confidence that when we ask, it will be given to us (Matthew 7:7-8). The Christian life from start to finish is based on faith: *"Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with inexpressible and glorious joy"* (1 Peter 1:8)

WEEK 4 Sunday 26 Nov Faith is enough to believe, receive and be healed – Limpho Dhlamini



Week 4

26 NOVEMBER

**Faith is enough to believe,
receive and be healed.**

Everyone's faith is not the same but God desires that we all have great faith. There are many things that our faith will do. Faith opens doors, opens blind eyes, heals disease, moves mountains and the just shall live by faith.

Small Groups/Classes:

- Ask an icebreaker question: How was your week? / How goes it with your soul?
- Play the worship song: [Give Me Faith - Elevation Worship \(Lyric Video\) - YouTube](#)



BIBLE READINGS:

Isaiah 40:28-31; Matthew 9:20-29, Psalm 125:1-5, Matthew 17:14-20, Romans 1: 16-17

GOSPEL READING:

Matthew 9:18-30

Jesus Raises a Dead Girl and Heals a Sick Woman

¹⁸While he was saying this, a synagogue leader came and knelt before him and said, "My daughter has just died. But come and put your hand on her, and she will live." ¹⁹Jesus got up and went with him, and so did his disciples. ²⁰Just then a woman who had been subject to bleeding for twelve years came up behind him and touched the edge of his cloak. ²¹She said to herself, "If I only touch his cloak, I will be healed." ²²Jesus turned and saw her. "Take heart, daughter," he said, "your faith has healed you." And the woman was healed at that moment. ²³When Jesus entered the synagogue leader's house and saw the noisy crowd and people playing pipes, ²⁴he said, "Go away. The girl is not dead but asleep." But they laughed at him. ²⁵After the crowd had been put outside, he went in and took the girl by the hand, and she got up. ²⁶News of this spread through all that region.

Jesus Heals the Blind and the Mute

²⁷As Jesus went on from there, two blind men followed him, calling out, "Have mercy on us, Son of David!" ²⁸When he had gone indoors, the blind men came to him, and he asked them, "Do you believe that I am able to do this?" "Yes, Lord," they replied. ²⁹Then he touched their eyes and said, "According to your faith let it be done to you"; ³⁰and their sight was restored. Jesus warned them sternly, "See that no one knows about this."



REFLECTION ON THE SCRIPTURES:

Written by: **LIMPHO DHLAMINI**

"Who touched me?" "Do you want to be healed?" "Do you believe that I am able to do this?" Throughout the Bible, we see God asking questions to which the answers to them seem so obvious. The omniscient (all-knowing) God knows the answers to these questions. God doesn't ask questions like these out of ignorance, but rather to teach, highlight something of importance, cause the recipients to engage with Him, and examine their own hearts.

In the Lukan account of our Gospel reading today (Luke 8:41-56), Jesus asks the question "who touched me" after the bleeding woman touches the hem of His garment. What did He seek to highlight by asking this? The woman's faith.

Jesus was being touched and pressed on by crowds of people, and yet, in the midst of all that, He asks this question! In the crowds of people who wanted to catch a glimpse of Jesus, hear a word, or just to touch Him, one woman, subjected to 12 years of suffering, isolation, and rejection, had so much faith in this man that she believed that just the article of clothing that He was wearing had the power to bring her a miracle of healing! What faith!

Faith in the One who has all power and authority can lead to healing of all kinds. But sometimes we forget this, and only come to Him out of desperation, when we have no other hope. You see, the Synagogue leader must have been extremely desperate to risk his position and status, to come kneeling before this man who was being accused of blasphemy by the religious leaders. Jairus, this synagogue leader, placed his faith in Jesus, and his daughter was healed.



When there is no other place for us to turn to, when the world constantly disappoints and offers no solution and healing, when doctor after doctor brings no cure for your ailments, when addictions enslave us, when hopelessness seeks to reign, when we are desperate for a miracle, there is one who brings hope.

We can always place our faith in God, no matter who or where we are, for He is faithful.

It takes faith to come to Jesus. It takes faith to believe and trust even when you do not see. It takes faith to say "Yes, Lord". It takes faith to even say "Lord, I believe; help my unbelief!" (Mark 9:24)



Life application:

Share with someone this week where you have seen God's healing in your life or another person. Pray for someone who needs God's healing (*physical, spiritual, relational*) every day of this week.



SMALL GROUP / CLASSES GROUP DISCUSSION QUESTIONS:

1. Have you been a recipient of God's healing? Share the story.
2. Why do you think some people are not healed even when they have faith?
3. Why do you think we sometimes struggle to have faith?
4. How has your faith grown over this series?

DAILY - VERSE/PRAYER/REFLECTION/CHALLENGE:

MONDAY

Scripture: Matthew 21:22 *"If you believe, you will receive whatever you ask for in prayer."*

Prayer: Faithful Lord, may every prayer I pray be in faith, knowing that you hear and answer prayers. **Amen.**

TUESDAY

Scripture: Hebrews 11:6 *"And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him."*

Prayer: Loving Father, help me to live a life of faith in you just as your witnesses of old did. **Amen.**

WEDNESDAY

Scripture: 2 Corinthians 5:7 *"For we live by faith, not by sight."*

Prayer: Eternal God, when this body fails me, may I never lose faith in you and your power. Help me to walk and live by faith and not by sight. **Amen.**

THURSDAY

Scripture: Mark 9:23 *"If you can?" said Jesus. "Everything is possible for one who believes."*

Prayer: Almighty and powerful God, nothing is impossible for you. In faith, I bring before you even what seems impossible in my eyes. **Amen.**

FRIDAY

Scripture: Mark 9:24 *"I do believe; help me overcome my unbelief!"*

Prayer: Lord God, when my faith wavers and doubts come, help me overcome my moments of unbelief in you and your mighty power. **Amen**

SATURDAY

Scripture: Luke 17:5 *"The apostles said to the Lord, "Increase our faith!"*

Prayer: Lord Jesus Christ, author and perfecter of our faith, increase in us genuine faith in you, faith to believe, receive and be healed in all things as you will. **Amen.**



FAMILY TIME:

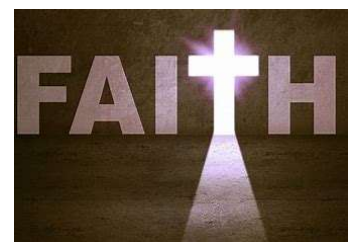
Children's Pastor – Jenny Blake

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Week 4 Written by Magogodi Nkuna

God will do to you according to your faith.

Matthew 9:29



We trust or ask God for things according to the amount of faith we have. If our faith is small faith, we may trust or ask for small things. If we have big faith, accordingly we may trust or ask for big things. The amount of faith we have is based on how much we know the word of God and His promises. After all, faith comes by hearing the word of God (Romans 10:17).

The level of faith we have is up to us. We have a responsibility to cultivate and increase our faith. God has provided His promises in the form of his word, it is up to us to take Him at His word. God watches over His word to fulfil it.

Here are some steps to grow our faith:

- **Study the word** daily. As a family, choose a verse of the week and use the week to memorize it. God speaks to us through His word.
- **Go to church** regularly. Go to church to be taught the word so that your faith can grow. Kids go to Sunday school to be taught the word in a fun and relevant way.
- **Fellowship with other believers** often. Join the youth group etc. It is through hearing other people's testimonies that our faith can be stirred, and we can be encouraged.

Remember, the more we hear the word of God, the more our faith grows. When we are intentional about growing our faith, it is then that we will see that faith is enough.

Close in prayer



Any queries on this devotional material or if you would like to join a small group or class – please contact: nadjaa@bmc.org.za